

# Instructions

SUCCESS

## The Extreme College Survival Kit

By Michael Gravette



safe



[www.SafeFamilyLife.com](http://www.SafeFamilyLife.com)

## 1/2 oz Lipstick Pepper Spray



Lipstick Pepper Spray is 10% pepper spray designed for women. This attractive lipstick case is sure to deceive and ward off potential attackers. Pretend you need to freshen your lipstick and POW!

Pepper spray has serious effects. It causes pain, inflammation of the eyes, nose and upper respiratory system. It will induce coughing, choking and nausea, as well as dilating the eyes causing temporary blindness. The mucous membranes will swell, making it difficult to breathe, leaving your attacker helpless. Effects will last approximately 45 minutes.

1. Hold can in upright position.
2. Remove the cap.
3. To fire, aim at attacker and firmly press actuator button.
4. After spraying the attacker, immediately run for help.

You will get approximately 20 half-second sprays with an effective range of eight to ten feet.

Avoid accidental contact with eyes, skin or mucous membranes. If contact is made, flush the affected area with cool water. Do not rub your skin and DO NOT use any creams, salves or soap. After you rinse the skin, move to an area with fresh air. The effects will generally disappear after 45 minutes but call your doctor if the symptoms persist.

**The contents are under pressure so DO NOT puncture or incinerate the can. Also, do not store above 120 degrees Fahrenheit.**

# Electronic Pocket Whistle



This electronic Whistle is very loud and is sure to capture someone's attention. It can be used as an emergency whistle or personal alarm and works great for sporting events.

1. Attach the lanyard by inserting the thinnest end through the hole in the cap and pulling the thicker end through the loop of the thin end.
2. Unscrew the cap that the lanyard is attached to and insert batteries plus (+) side up, then replace the battery cover.

3. Press the button to activate the whistle.

4. Hold the button as long as you want it to beep.

5. Be sure to point the Whistle away anyone's face or ears, unless of course you are being attacked.

# Door Stop Alarm



Use this 125db Door Stop Alarm as an entry alarm and to block a door from being opened. If anyone tries to open the door, this alarm will sound. There is also a movement sensor with adjustable sensitivity that will activate the alarm if it's tampered with.

1. Using a small Phillips head screwdriver, remove the battery cover from the bottom of the alarm. Insert one 9 volt battery, which is included. Replace the battery cover.

2. Turn the door alarm to the ON position.

3. Place the door alarm on the floor perpendicular to the door, just as you would a door stop.

4. If the door is opened it will strike the metal plate, preventing the door from opening and activating the alarm.

5. Alarm stops when pressure is released from door stop plate. Pull the metal door stop plate up until the alarm stops.

# Mini Alert Motion Detector



The Mini Alert is a motion detection alarm that creates a triangle of protection that is impossible to penetrate without setting off the alarm. It requires no wiring and can be easily moved to any location.

1. Remove the battery cover on the back of the alarm by sliding it down. Insert the three included AA batteries according to the polarity marks in the battery compartment and replace the cover.

2. Choose a location for the alarm and mount the adjustable wall bracket using the screws and anchors provided.

3. Slide the alarm onto the wall bracket and angle the alarm in the direction of your choice.

4. Turn switch upward to use in Chime mode and downward to use the Alarm. There is a 30 second delay when using in Alarm mode.

## Diversion Safe - Book



This is a book with a safe built inside, where you can hide valuables. It looks just like the real thing.

1. Remove the cover the says "The Undercover Book Safe"
2. Open the book and flip the pages until you get to the safe
4. Remove the lid to the safe and store your valuables
5. Replace the safe lid, close the book and put it on the shelf.

# Nap Alarm



Nap Alarm is an alarm that will wake you up should you fall asleep at the wheel. It is worn over the ear and has an electronic position sensor. When your head nods forward, it sounds a loud alarm to instantly wake you and alert your passengers.

The Nap Alarm is not only designed for drivers, it is also perfect for people who need to be fully alert while on duty, for example, security guards, machine operators and even students.

1. Place the alarm over your ear before you begin driving or should you begin to feel sleepy.
2. Turn the switch to the ON position.

If your head nods forward, the alarm will sound and wake you up.

Battery is replaceable (3 AG13, release the screw for replacement)

## 2 oz. Pepper Spray with Wall Mount



This 2oz Oleoresin Capsicum pepper spray is great to keep near any entryway of your apartment. It even comes with a wall mount so that is easily and readily accessible.

Pepper spray has serious effects. It causes pain, inflammation of the eyes, nose and upper respiratory system. It will induce coughing, choking and nausea, as well as dilating the eyes causing temporary blindness. The mucous membranes will swell, making it difficult to breathe, leaving your attacker helpless. Effects will last approximately 45 minutes.

### To use this Pepper Spray:

1. Hold can in upright position.
3. Turn actuator to remove safety.
4. Point can at attackers face and firmly press the actuator.
5. After spraying the attacker, immediately run for help.

You will get approximately 8-10 one-second sprays with an effective range of ten to fifteen feet.

Avoid accidental contact with eyes, skin or mucous membranes. If contact is made, flush the affected area with cool water. Do not rub your skin and DO NOT use any creams, salves or soap. After you rinse the skin, move to an area with fresh air. The effects will generally disappear after 45 minutes but call your doctor if the symptoms persist.

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## 1/2 oz. Pepper Spray with Visor Clip



This ½ oz Oleoresin Capsicum pepper spray comes with a visor clip so that you can easily store and access it in your car.

Pepper spray has serious effects. It causes pain, inflammation of the eyes, nose and upper respiratory system. It will induce coughing, choking and nausea, as well as dilating the eyes causing temporary blindness. The mucous membranes will swell, making it difficult to breathe, leaving your attacker helpless. Effects will last approximately 45 minutes.

### To use this Pepper Spray:

1. Slip auto visor clip on the sun-visor in your vehicle.
2. Place pepper spray canister in visor clip.
3. Make sure you can easily remove it while seated in your vehicle.
4. To fire, hold can in upright position.
5. Turn actuator to remove safety.
6. Point can at attackers face and firmly press actuator button. Immediately drive away and get help.

You will get approximately 6-10 half-second sprays with an effective range of six to eight feet.

Avoid accidental contact with eyes, skin or mucous membranes. If contact is made, flush the affected area with cool water. Do not rub your skin and DO NOT use any creams, salves or soap. After you rinse the skin, move to an area with fresh air. The effects will generally disappear after 45 minutes but call your doctor if the symptoms persist.

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# 1/2 oz Keychain Pepper Spray with Quick Key Release



This ½ oz Oleoresin Capsicum pepper spray comes on a keychain with a Quick Key Release so you can easily separate it from your keys. Pepper spray has serious effects. It causes pain, inflammation of the eyes, nose and upper respiratory system. It will induce coughing, choking and nausea, as well as dilating the eyes causing temporary blindness. The mucous membranes will swell, making it difficult to breathe, leaving your attacker helpless. Effects will last approximately 45 minutes.

1. Hold can in upright position.
2. Turn actuator to remove safety.
3. To fire, aim at attacker and firmly press actuator button.
4. After spraying the attacker, immediately run for help.

You will get approximately 6-8 half-second sprays with an effective range of six to eight feet.

Avoid accidental contact with eyes, skin or mucous membranes. If contact is made, flush the affected area with cool water. Do not rub your skin and DO NOT use any creams, salves or soap. After you rinse the skin, move to an area with fresh air. The effects will generally disappear after 45 minutes but call your doctor if the symptoms persist.

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## Cell Phone Flash-Lite



Use this handy, stick-on flashlight on your cell phone or anywhere you need additional light.

1. Remove the adhesive protective film
2. Attach the light to your cell phone or other desired surface
3. Press and hold the button to turn the light on and release the button to turn it off
4. Batteries included and already installed.

